

24.5.09 MELMERBY 10K RESULTS Licence No.20090122

3RD EVENT IN THE BLACK SHEEP RACE SERIES 2009

Pos	No	Time	First Name	Surname	Club	Cat
1	104	32.18	Gary	Dunn	Thirsk & Sowerby	M1
2	120	35.01	Darren	Burnley	Pudsey Pacers	M1
3	28	35.11	Julian	Mawson	Otley A C	M
4	48	36.08	James	Askew	Newton Aycliffe A C	M
5	102	36.23	Steve	Large	Horsforth Harriers	M1
6	57	36.31	Joshua	Rowe	Beverley A C	M
7	30	36.37	Darren	Hendley	York Knavesmire	M
8	24	37.01	Mike	Spark	U/A	M
9	123	37.07	Mick	Brearley	St.Bedes A C	M1
10	239	37.46	Trevor	Clough	Leeds City A C	M2
11	149	37.58	Martin	Murray	North York Moors	M1
12	26	38.02	Kim	Brown	U/A	M
13	131	38.05	Jim	Buller	Wetherby Runners	M1
14	51	38.15	Christopher	Smith	York Knavesmire	M
15	29	38.25	Philip	Utle	Thirsk & Sowerby	M
16	140	38.31	Mark	Dalton	Beverley A C	M1
17	3	38.33	David	Masterman	Durham City Harriers	M
18	44	38.36	William	Richardson	Irvine	M
19	153	38.42	Robert	Gray	Wetherby Runners	M1
20	15	38.58	John	Young	Harrogate Harriers	M
21	231	39.15	Paul	Kelly	Darlington H & A C	M2
22	146	39.20	Stephan	Tomaszewski	Thirsk & Sowerby	M1
23	22	39.21	Stuart	Wallace	Ripon Runners	M
24	54	39.23	Luke	Wilson	Abbey Runners	M
25	107	39.39	Andy	Todd	Nidd Valley R R	M1
26	35	39.42	Mark	Tobin	Wetherby Runners	M
27	49	39.43	Iain	Hill	U/A	M
28	436	39.54	Sheila	Boyde	U/A	F2
29	55	39.55	Richard	Gibson	Pudsey Pacers	M
30	2	40.00	Steven	Close	Wetherby Runners	M
31	6	40.00	Scott	MacVicar	Wetherby Runners	M
32	125	40.13	David	Christie	Wigton R R	M1
33	222	40.15	John	Oliver	York Knavesmire	M2
34	56	40.16	Paul	Dowie	Harrogate Harriers	M
35	31	40.20	Richard	Campbell	Newton Aycliffe A C	M
36	4	40.27	Mike	Appleton	Ripon Runners	M
37	133	40.28	Stephen	Nesbitt	Harrogate Harriers	M1
38	11	40.42	Mark	Corbyn	New Marske Harriers	M
39	158	40.44	Richard	Twomey	U/A	M1
40	372	40.46	Erika	Johnson	Swaledale R R	F1
41	36	40.51	Graham	Harrison	Pickering R C	M
42	206	40.53	Tim	Broomfield	Harrogate Harriers	M2
43	105	40.54	Jon	Blane	Harrogate Harriers	M1
44	127	41.10	Brett	Edgeworth	Thirsk & Sowerby	M1
45	240	41.11	George	Reid	Newton Aycliffe A C	M2
46	311	41.14	Clare	Pearson	Skipton A C	F
47	224	41.21	Mark	Jordan	Harrogate Harriers	M2
48	150	41.25	Andrew	Turner	Ripon Runners	M1
49	218	41.31	James	Cook	U/A	M2
50	53	41.33	Daren	Rosamond	Bedale & Aiskew	M
51	40	41.38	Mark	Holt	U/A	M
52	221	41.38	Steve	Smith	U/A	M2
53	21	41.40	Martin	Umpleby	Harrogate Harriers	M
54	41	41.43	Stuart	Powell	U/A	M
55	322	41.43	Lucy	Ferguson	Bristol & West	F
56	108	41.45	Alistair	Duff	Harrogate Harriers	M1
57	116	41.47	Richard	Teale	U/A	M1
58	321	41.47	Issy	Rowe	Harrogate Harriers	F

59	147	41.48	Garry	Keenan	Wetherby Runners	M1
60	243	41.48	Andrew	Wheater	Wetherby Runners	M2
61	405	41.53	Jacqueline	Keavney	Swaledale R R	F1
62	46	41.57	Scott	Mordue	U/A	M
63	25	41.59	Daniel	Gilbank	Pickering R C	M
64	124	42.04	Graham	Smith	Swaledale R R	M1
65	212	42.04	Michael	Jeffrey	Otley A C	M2
66	112	42.06	Graeme	Kilvington	Harrogate Harriers	M1
67	132	42.09	Les	Sutton-Haigh	Thirsk & Sowerby	M1
68	156	42.13	Chris	Martin	Wetherby Runners	M1
69	110	42.14	Jonathon	Teasdale	U/A	M1
70	208	42.27	Martin	Pearson	New Marske Harriers	M2
71	209	42.29	David	Darton	York Knavesmire	M2
72	398	42.56	Hester	Cox	Thirsk & Sowerby	F1
73	119	42.58	Gerald	Byrnes	Harrogate Harriers	M1
74	285	43.04	Chris	Brown	Ripon Runners	M3
75	279	43.10	Tony	Essex	Harrogate Harriers	M3
76	111	43.27	Philip	Sagar	Harrogate Harriers	M1
77	50	43.34	Brian	Cullen	U/A	M
78	117	43.37	Andy	Broekhuizen	Harrogate Harriers	M1
79	228	43.37	Ray	Johnstone	Ripon Runners	M2
80	213	43.42	Mike	Miller	Wetherby Runners	M2
81	378	43.43	Carol	Morgan	Harrogate Harriers	F1
82	232	43.45	Douglas	Scott	New Marske Harriers	M2
83	370	43.49	Ann	Dale	Wetherby Runners	F1
84	271	43.53	Bill	Wade	Holmfirth Harriers	M3
85	163	44.01	David	Cardani	Nidd Valley R R	M1
86	103	44.09	Tim	Pocock	Harrogate Harriers	M1
87	387	44.15	Lisa	Quinn	Ripon Runners	F1
88	135	44.17	Mark	Dennison	U/A	M1
89	32	44.19	Graeme	McGowan	U/A	M
90	233	44.24	Philip	Carling	U/A	M2
91	422	44.24	Ruth	Warren	U/A	F2
92	109	44.31	Tony	Mayhall	U/A	M1
93	115	44.35	Martyn	Price	Harrogate Harriers	M1
94	313	44.35	Caroline	Blane	U/A	F
95	281	44.45	John	Buckler	Harrogate Harriers	M3
96	141	44.48	Michael	Hannah	U/A	M1
97	286	44.51	John	Ward	Ripon Runners	M3
98	14	44.55	Simon	Rudsdale	Horsforth Harriers	M
99	371	44.57	Jill	Knight	Thirsk & Sowerby	F1
100	280	45.02	Brian	Allen	New Marske Harriers	M3
101	113	45.09	Colin	Lea	York Knavesmire	M1
102	143	45.11	Keith	Hawkins	U/A	M1
103	13	45.13	Paul	Stalker	Nidd Valley R R	M
104	306	45.13	Emma	Kicks	Nidd Valley R R	F
105	7	45.27	Simon	Smith	Nidd Valley R R	M
106	304	45.38	Erin	Pearson	New Marske Harriers	F
107	363	45.48	Laura	Marks	Wetherby Runners	F1
108	444	46.03	Tonia	Richardson	Otley A C	F2
109	19	46.09	Andrew	Kicks	U/A	M
110	38	46.13	Scott	Wray	Ripon Runners	M
111	134	46.15	James	Kirkpatrick	Skipton A C	M1
112	402	46.16	Bev	Chaplin	Horsforth Harriers	F1
113	291	46.18	Ronnie	Sherwood	New Marske Harriers	M3
114	142	46.20	David	Burke	U/A	M1
115	223	46.20	Peter	McGouran	Otley A C	M2
116	301	46.20	Angela	Peace	Harrogate Harriers	F
117	128	46.22	David	Coultard	Wetherby Runners	M1
118	145	46.24	Paul	Wigby	U/A	M1
119	407	46.24	Semirah	Beeson	U/A	F1
120	448	46.27	Diane	Craven	St. Bedes A C	F2

121	439	46.29	Jean	Croft	Harrogate Harriers	F2
122	292	46.31	Ronnie	Cassar	Swaledale R R	M3
123	27	46.35	Patrick	Mason	U/A	M
124	136	46.39	Neil	Patterson	U/A	M1
125	238	46.44	Neil	Sergeant	Beverley A C	M2
126	389	46.44	Emma	Coster	Wetherby Runners	F1
127	152	46.54	John	Stapleton	U/A	M1
128	155	46.56	Paul	Goacher	Thirsk & Sowerby	M1
129	365	47.01	Julia	Day	Horsforth Harriers	F1
130	101	47.10	Paul	Simmonds	U/A	M1
131	161	47.12	Andy	Gibb	Bedale & Aiskew	M1
132	9	47.14	Jim	Coldwell	U/A	M
133	393	47.14	Fi	Thompson	U/A	F1
134	388	47.15	Clare	Davison	Pickering R C	F1
135	129	47.16	Peter	Richardson	Swaledale R R	M1
136	16	47.22	Aaron	Lee	U/A	M
137	361	47.31	Helen	Price	Harrogate Harriers	F1
138	357	47.34	Nicola	Carter	U/A	F1
139	138	47.35	David	Ward	Pickering R C	M1
140	275	47.35	Paul	Bainbridge	Bedale & Aiskew	M3
141	205	47.39	Ian	Smith	Wetherby Runners	M2
142	449	47.39	Gillian	Garthwaite	U/A	F2
143	325	47.51	Michelle	O'Grady	New Marske Harriers	F
144	52	48.02	Steve	Stapylton	U/A	M
145	227	48.15	Peter	Devlin	Swaledale R R	M2
146	162	48.30	Paul	Keogh	U/A	M1
147	216	48.37	Les	Hunter	U/A	M2
148	432	48.38	Joanne	Wallace	Ripon Runners	F2
149	45	48.44	Martin	Brockett	U/A	M
150	358	48.49	Sue	Sharples	Wetherby Runners	F1
151	207	48.53	Frank	Webster	Road Runners	M2
152	214	48.58	John	Young	Newton Aycliffe A C	M2
153	151	49.00	Peter	Brodie	U/A	M1
154	5	49.01	Martin	Smith	York Knavesmire	M
155	353	49.03	Suzanne	Rickard	Ripon Runners	F1
156	34	49.06	Matthew	Holt	Ripon Runners	M
157	148	49.06	Todd	Hannula	U/A	M1
158	484	49.11	Gail	Tombs	Abbey Runners	F3
159	289	49.12	David	Mackenzie	Newton Aycliffe A C	M3
160	408	49.13	Joanne	Wheatley	New Marske Harriers	F1
161	383	49.14	Susan	Robinson	U/A	F1
162	287	49.27	John	Grundy	Ripon Runners	M3
163	144	49.36	Jonathan	Lupton	U/A	M1
164	314	49.39	Nollaiu	Heffernan	U/A	F
165	327	49.39	Amy Rose	Cassar	Swaledale R R	F
166	317	49.40	Jennie	Hynd	U/A	F
167	201	49.55	Robin	Kehoe	Ripon Runners	M2
168	310	49.56	Katherine	Barber	U/A	F
169	440	49.57	Mel	Dutka	Ripon Runners	F2
170	154	50.06	Stuart	Pender	U/A	M1
171	483	50.10	Pat	Kirby	Thirsk & Sowerby	F3
172	202	50.13	Martin	Medlar	York Knavesmire	M2
173	121	50.14	Dave	Nicklas	Ripon Runners	M1
174	382	50.18	Kim	Vehige	U/A	F1
175	323	50.43	Iona	Taylor	U/A	F
176	282	50.45	Jim	Conaghan	New Marske Harriers	M3
177	399	50.55	Susan	Higgison	U/A	F1
178	235	51.01	Reg	Horner	U/A	M2
179	114	51.13	David	Horne	U/A	M1
180	12	51.23	Ian	Trushell	Bedale & Aiskew	M
181	426	51.35	Judy	Greenwood	Nidd Valley R R	F2
182	309	51.40	Jenny	Crosier	UK Net Runners	F

183	126	51.41	Jonathan	Morrish	U/A	M1
184	39	51.56	Richard	Kavanagh	Harrogate Harriers	M
185	352	52.00	Karen	Large	Horsforth Harriers	F1
186	480	52.06	Lynn	Woods	New Marske Harriers	F3
187	442	52.15	Ursula	McGouran	Otley A C	F2
188	471	52.18	Maureen	Medlar	York Knavesmire	F3
189	380	52.22	Jan	Smith	Skipton A C	F1
190	312	52.23	Emma	Bennett	Harrogate Harriers	F
191	368	52.28	Penny	I'Anson	Ripon Runners	F1
192	220	52.35	Steven	Little	Idle A C	M2
193	226	52.40	Keith	Richardson	U/A	M2
194	425	53.00	Janine	Gambles	Idle A C	F2
195	130	53.09	Steve	Parkinson	Ripon Runners	M1
196	373	53.14	Deanne	Howell	U/A	F1
197	435	53.14	Stella	Rider	U/A	F2
198	376	53.19	Tracy	Gilbank	Pickering R C	F1
199	106	53.24	Garry	Moss	York Knavesmire	M1
200	437	53.30	Janet	Carling	Nidd Valley R R	F2
201	364	53.46	Zoe	Findlay	Harrogate Harriers	F1
202	447	53.46	Sara	Buckler	Harrogate Harriers	F2
203	302	53.53	Kelly	McDonald	U/A	F
204	237	53.57	Brian	Dobson	Pocklington Runners	M2
205	319	54.02	Elaine	Graham	U/A	F
206	318	54.03	Yvette	Kenny	U/A	F
207	401	54.04	Joanna	Young	U/A	F1
208	438	54.06	Margaret	Brown	York Knavesmire	F2
209	290	54.11	Peter	Scanlon	Spensborough A C	M3
210	139	54.25	Chris	I'Anson	Ripon Runners	M1
211	37	54.44	Paul	Baxter	Harrogate Harriers	M
212	428	54.47	Yvonne	Wood	Thirsk & Sowerby	F2
213	236	54.50	Christopher	Maltby	St. Theresas	M2
214	397	55.06	Sara	Woolley	Swaledale R R	F1
215	320	55.17	Kate	Binner	U/A	F
216	406	55.22	Karen	Maddison	U/A	F1
217	404	55.33	Michelle	Smith	Nidd Valley R R	F1
218	379	55.36	Nik	Sutton-Haigh	Thirsk & Sowerby	F1
219	42	55.37	David	Thacker	U/A	M
220	441	55.37	Margaret	Oliver	York Knavesmire	F2
221	316	55.46	Carrie	Lenton	U/A	F
222	273	55.50	Ian	Codling	Thirsk & Sowerby	M3
223	315	55.51	Helen	Kitching	U/A	F
224	375	55.51	Susan	Hoernig	Road Runners	F1
225	374	55.57	Heather	Glegg	U/A	F1
226	137	56.02	Ron	Horsman	U/A	M1
227	381	56.02	Julie	Merrin	U/A	F1
228	18	56.16	Michael	Picken	U/A	M
229	17	56.28	Garry	Cooper	U/A	M
230	242	56.39	Martin	Schofield	U/A	M2
231	283	56.41	John	Goodson	U/A	M3
232	377	56.43	Alexandra	Whapples	U/A	F1
233	326	56.49	Paula	Ferris	U/A	F
234	403	56.49	Alison	Brister	U/A	F1
235	366	56.54	Jane	Robbins	Harrogate Harriers	F1
236	359	57.10	Tracey	Baldwin	Ripon Runners	F1
237	451	57.16	Eileen	Howell	Thirsk & Sowerby	F2
238	394	57.20	Sarah	Grandison	U/A	F1
239	362	57.26	Lesley	Willoughby	U/A	F1
240	429	57.33	Jo	Fambely	Thirsk & Sowerby	F2
241	481	57.33	Isabel	Conaghan	New Marske Harriers	F3
242	390	57.36	Sharon	Stoker	Ripon Runners	F1
243	450	58.10	Catherine	Lumb	Thirsk & Sowerby	F2
244	43	58.20	Johnny	Hicks	Nidd Valley R R	M

245	446	58.26	Jane	Hartas	York Knavesmire	F2
246	391	58.27	Kaeren	Milligan	U/A	F1
247	308	59.06	Caroline	Carmichael	U/A	F
248	367	59.07	Heidi	Jones	Ripon Runners	F1
249	433	59.08	Lynda	Ryan	Ripon Runners	F2
250	392	59.22	Jo	Keenan	Wetherby Runners	F1
251	400	59.22	Liz	Martin	Wetherby Runners	F1
252	482	59.43	Helen	Smith	Swaledale R R	F3
253	355	60.12	Helena	Conlin	Ripon Runners	F1
254	423	60.36	Jacky	Darley	Wetherby Runners	F2
255	354	60.46	Leah	Horner	Ripon Runners	F1
256	396	60.50	Melanie	Butler	U/A	F1
257	210	61.16	Andy	Young	York Knavesmire	M2
258	276	61.19	Allan	Hunter	U/A	M3
259	351	61.33	Victoria	Clayton	Ripon Runners	F1
260	384	61.59	Liz	Dixon	U/A	F1
261	204	62.52	Charles	Weatherill	Road Runners	M2
262	118	63.01	Adrian	Marks	U/A	M1
263	369	63.16	Helen	Maguire	Ripon Runners	F1
264	47	63.35	Phillip	Craig	Thirsk & Sowerby	M
265	360	63.46	Gillian	Marston	Ripon Runners	F1
266	472	64.20	Coralin	Harrison	Harrogate Harriers	F3
267	454	64.28	Rosalyn	Day	Wetherby Runners	F2
268	474	64.43	Mavis	Young	York Knavesmire	F3
269	395	64.51	Alison	Brodie	U/A	F1
270	453	65.07	Jane	Twomey	U/A	F2
271	217	65.11	Barry	Robson	Road Runners	M2
272	443	65.40	Caroline	Child	U/A	F2
273	475	65.47	Janet	Baines	U/A	F3
274	476	66.06	Jean	Snelling	York Knavesmire	F3
275	473	66.56	Marian	Codling	Thirsk & Sowerby	F3
276	445	67.08	Tina	Brecknock	U/A	F2
277	307	68.05	Linda	Thompson	U/A	F
278	385	68.13	Jennifer	Dennison	U/A	F1
279	479	68.35	Dot	Carr	U/A	F3
280	284	69.15	Douglas	Tooth	Ripon Runners	M3
281	215	71.08	Geoff	McPherson	U/A	M2
282	430	73.25	Selina	Thornton	U/A	F2
283	477	78.41	Glenys	Nutter	Swaledale R R	F3
284	211	78.49	John	Garbutt	U/A	M2
285	424	78.49	Trish	Garbutt	Ripon Runners	F2

Team Awards : Men - Thirsk and Sowerby : Gary Dunn, Philip Utley, Stephan Tomaszewski
Ladies - Swaledale Road Runners :Erika Johnson, Jacqueline Keavney, Amy Rose Cassar

Non-starters and Non-finishers

1	Mike	Clayton	U/A	M
8	Julian	Murray	Harrogate Harriers	M
10	Dominic	Murray	U/A	M
20	Gareth	Smith	U/A	M
23	Lee	Walker	Thirsk & Sowerby	M
33	Matt	Leck	U/A	M
122	Simon	Render	U/A	M1
157	Philip	Cornforth	Nidd Valley R R	M1
159	Tony	Graves	Scarborough A C	M1
160	Mark	Kendall-Lansell	Scarborough A C	M1
203	Howard	Jeffrey	Otley A C	M2
219	Dave	Brocklehurst	Otley A C	M2
225	Ian	Waller	Nidd Valley R R	M2
229	Richard	Thompson	Airecentre Pacers	M2
230	John	Fenwick	Leeds&Bradford Tri Club	M2
234	Paul	Stockburn	Harrogate Harriers	M2

241	Martin	Cummins	Ripon Runners	M2
272	Mike	Mahoney	St.Bedes A C	M3
274	Mike	Willis	Scarborough A C	M3
277	John	Kirkman	U/A	M3
278	Colin	Utterson	York Acorn	M3
288	William	Munson	Ripon Runners	M3
303	Angela	Benette	Ripon Runners	F
305	Stella	Morgan	Ripon Runners	F
324	Zara	O'Conner	U/A	F
356	Jo	Hope	Ripon Runners	F1
386	Alexandra	Richens	Harrogate Harriers	F1
421	Jane	Lawson	U/A	F2
427	Stephanie	Byrnes	Harrogate Harriers	F2
431	Annie	Burns	Nidd Valley R R	F2
434	Marian	Hunter	Swaledale R R	F2
452	Janet	O'Connor	U/A	F2
478	Cathy	Moore	Nidd Valley R R	F3

