

Rainton 10K June 28th 2009

POS	NAME	NO	CLUB	CATEGORY	TIME
1	BILTON.D	123	LEEDS CITY A.C.	M40	31.20
2	DUNN.G	1	THIRSK & SOWERBY HARRIERS	M40	32.58
3	MILLER.C	42	HARROGATE HARRIERS	M	34.32
4	HALLIDAY.A	180	UNATTACHED	M	35.24
5	HALL.R	116	THIRSK & SOWERBY HARRIERS	M40	35.47
6	BURNLEY.D	110	PUDSEY PACERS	M40	36.10
7	BUSUTTIL.W	124	THIRSK & SOWERBY HARRIERS	M45	36.57
8	NEWCOME.A	90	UNATTACHED	MU25	37.02
9	MASTERMAN.D	46	DURHAM CITY HARRIERS	M	37.11
10	BYRNE.A	150	EASINGWOLD R.C.	M45	37.19
11	MACVICAR.S	86	WETHERBY ROAD RUNNERS	MU25	37.30
12	BREARLEY.M	20	ST BEDE'S A.C.	M45	37.42
13	SPARK.M	183	UNATTACHED	M	37.50
14	BULLER.J	115	WETHERBY ROAD RUNNERS	M40	37.58
15	CLOUGH.T	148	LEEDS CITY	M50	38.02
16	YOUNG.J	57	HARROGATE HARRIERS	M	38.06
17	BROWN.K	121	UNATTACHED	M	38.09
18	WINDLE.P	147	WETHERBY ROAD RUNNERS	M40	38.16
19	KRAFT.T	117	SCARBOROUGH A.C.	M55	38.25
20	UTLEY.P	119	THIRSK & SOWERBY HARRIERS	M	38.28
21	SCOTT.I	189	THE QUAKERS	M55	38.32
22	GRAY.R	152	WETHERBY ROAD RUNNERS	M45	38.45
23	WALLER.I	133	NIDD VALLEY ROAD RUNNERS	M50	38.50
24	HILL.S	151	LEEDS CITY A.C.	M	39.01
25	OLIVER.J	29	KNAVESMIRE HARRIERS	M50	39.23
26	OLDHAM.R	432	KNAVESMIRE HARRIERS	F35	39.23
27	TODD.A	4	NIDD VALLEY ROAD RUNNERS	M45	39.37
28	CARTER.G	103	BILLINGHAM MARSH HOUSE	M	39.48
29	KENDALL-LANSEL	159	SCARBOROUGH A.C.	M45	39.57
30	TURNER.A	108	RIPON RUNNERS	M45	39.59
31	DOWIE.P	102	HARROGATE HARRIERS	M	40.10
32	RANDAL.M	54	NEWTON AYCLIFFE	M	40.19
33	JOHNSON.E	337	SWALEDALE R.R.	F35	40.22
34	SCRUTON.N	16	SCARBOROUGH A.C.	M60	40.27
35	ARMSTRONG.G	114	SUNDERLAND HARRIERS	M45	40.32
36	PAILING.K	9	ROTHWELL HARRIERS	M55	40.38
37	WELLS.A	126	EASINGWOLD R.C.	M40	40.42
38	ROWE.I	383	HARROGATE HARRIERS	FU25	40.44
39	NESBITT.S	160	HARROGATE HARRIERS	M40	40.46
40	MILLER.B	74	HARROGATE A.C.	M50	40.48
41	SMITH.M	39	KNAVESMIRE HARRIERS	M	40.50
42	SMITH.S	169	HARROGATE HARRIERS	M55	40.53
43	PEARSON.C	367	SKIPTON A.C.	F	40.57
44	WILKS.G	165	RIPON RUNNERS	M	41.02
45	BLANE.J	13	HARROGATE HARRIERS	M45	41.04
46	DUFF.A	66	HARROGATE HARRIERS	M40	41.10
47	CLOSE.S	52	WETHERBY ROAD RUNNERS	M	41.14
48	EDGEWORTH.B	24	THIRSK & SOWERBY HARRIERS	M40	41.20
49	JEFFREY.M	30	OTLEY A.C.	M55	41.22
50	WILSON.N	130	RIPON RUNNERS	M50	41.25
51	WALKER.L	188	THIRSK & SOWERBY HARRIERS	MU25	41.46
52	MCGOWAN.G	118	UNATTACHED	M	41.48
53	JORDON.M	125	HARROGATE HARRIERS	M50	41.50
54	DICKINSON.J	137	UNATTACHED	M45	41.58
55	BYRNES.G	67	HARROGATE HARRIERS	M45	42.09
56	KILVINGTON.G	129	HARROGATE HARRIERS	M45	42.19
57	HOLT.M	141	UNATTACHED	M	42.31
58	SUTTON-HAIG.L	48	THIRSK & SOWERBY HARRIERS	M45	42.33
59	KEENAN.G	187	WETHERBY ROAD RUNNERS	M40	42.42
60	WARD.J	131	RIPON RUNNERS	M60	42.44

61	CHAPLIN.S	146	UNATTACHED	M	42.46
62	UMPLEBY.M	47	HARROGATE HARRIERS	M	42.47
63	ROSAMOND.D	172	BEDALE & AISKEW	M	42.48
64	ATKINSON-TAIT.J	343	NEWTON AYCLIFFE	F40	42.49
65	HALL.A	391	THIRSK & SOWERBY HARRIERS	F45	42.51
66	ESSEX.T	94	HARROGATE HARRIERS	M60	43.00
67	POCOCK.T	12	HARROGATE HARRIERS	M45	43.01
68	PEARSON.M	155	NEW MASKE HARRIERS	M50	43.02
69	ROBINSON.J	51	UNATTACHED	M55	43.04
70	TOVEY.S	173	UNATTACHED	ML	43.06
71	STALKER.P	75	NIDD VALLEY ROAD RUNNERS	M	43.10
72	CORBYN.M	99	NEW MARSKE HARRIERS	MU25	43.12
73	DEACON.F	435	NIDD VALLEY ROAD RUNNERS	F45	43.14
74	LEE.J	120	UNATTACHED	M40	43.16
75	JOHNSTONE.R	107	RIPON RUNNERS	M50	43.18
76	VARLEY.D	168	GARDEN CITY RUNNERS	M60	43.20
77	BROWN.C	185	RIPON RUNNERS	M60L	43.23
78	WARREN.R	322	UNATTACHED	F50	43.25
79	DARTON.D	23	KNAVESMIRE HARRIERS	M50	43.27
80	BARLOW.S	122	SWALEDALE R.R	M	43.42
81	GILBANK.D	40	PICKERING R.C.	M	43.51
82	SAGAR.P	50	HARROGATE HARRIERS	M40	43.58
83	CARLING.P	145	UNATTACHED	M55	44.07
84	DALE.A	353	WETHERBY ROAD RUNNERS	F35	44.14
85	RICHARDSON.J	17	HARROGATE HARRIERS	M45	44.19
86	MARKS.L	349	WETHERBY ROAD RUNNERS	F40	44.23
87	HALL.M	112	RIPON RUNNERS	M40	44.27
88	JEFFREY.H	32	OTLEY A.C.	M50	44.28
89	CULLEN.B	11	UNATTACHED	M	44.31
90	WADE.B	55	HOLMFIRTH HARRIERS	M65	44.34
91	HAWKINS.K	128	UNATTACHED	M40	44.38
92	CARDEN.K	350	UNATTACHED	F	44.41
93	WIGBY.P	139	UNATTACHED	M45	44.43
94	SMITH.S	25	NIDD VALLEY ROAD RUNNERS	M	44.45
95	BROEKHUIZEN.A	18	HARROGATE HARRIERS	M40	44.50
96	RENDER.S	79	UNATTACHED	M45	44.54
97	PEARSON.E	378	NEW MARSKE HARRIERS	FU25	44.57
98	EASTHAUGH.P	380	HARROGATE HARRIERS	F35	45.04
99	MERCER.N	44	UNATTACHED	ML	45.10
100	APPLETON.R	81	UNATTACHED	ML	45.11
101	DAVIES.C	351	ROTHWELL HARRIERS	F50	45.16
102	PRICE.M	80	HARROGATE HARRIERS	M45	45.18
103	HYMAS.S	60	UNATTACHED	M	45.23
104	HUNTER.L	162	UNATTACHED	M50	45.27
105	RUDSDALE.S	28	HORSFORTH HARRIERS	M	45.30
106	COULTARD.D	95	WETHERBY ROAD RUNNERS	M40	45.40
107	STAPLETON.J	56	UNATTACHED	M40	46.00
108	WRAY.S	164	RIPON RUNNERS	M	46.05
109	MAYHALL.T	3	UNATTACHED	M45	46.10
110	KIRKPATRICK.J	93	SKIPTON A.C.	M45	46.15
111	COSTER.E	404	WETHERBY ROAD RUNNERS	F35	46.18
112	CLARK.S	84	UNATTACHED	MU25L	46.20
113	SMITH.I	26	WETHERBY ROAD RUNNERS	M50	46.30
114	CASSAR.R	166	SWALEDALE R.R	M65	46.32
115	HALLIDAY.P	191	UNATTACHED	M	46.35
116	KNIGHT.J	305	THIRSK & SOWERBY HARRIERS	F35	46.36
117	HELLINGS.R	27	HARTSHOLME RUNNERS	M60	46.37
118	RICHARDSON.P	163	SWALEDALE R.R	M45	46.39
119	CARTER.N	334	UNATTACHED	F35	46.41
120	FULLEGAR.G	194	BEDALE & AISKEW	M40	46.54
121	NICKLAS.D	158	RIPON RUNNERS	M40	47.05
122	TRUSHELL.I	64	BEDALE & AISKEW	M	47.06
123	GIBB.A	70	BEDALE & AISKEW	M45	47.11
124	PEACE.A	309	HARROGATE HARRIERS	FU25	47.12
125	SHARPLES.S	316	WETHERBY ROAD RUNNERS	F40	47.18

126	MARKS.W	314	HARROGATE HARRIERS	F40	47.25
127	CASSAR.A	423	SWALEDALE R.R.	F	47.27
128	HALL.O	181	UNATTACHED	M	47.30
129	MCCONNELL.C	184	N Y M A.C.	M45	47.33
130	CROFT.J	317	HARROGATE HARRIERS	F45	47.39
131	BARBER.K	402	UNATTACHED	F	47.42
132	GARTHWAITE.G	415	UNATTACHED	F50	47.50
133	DEVLIN.P	97	SWALEDALE R.R	M50	47.58
134	BAINBRIDGE.P	10	BEDALE & AISKEW	M60	48.02
135	BRODIE.P	176	UNATTACHED	M45	48.04
136	ROBINSON.S	318	UNATTACHED	F35	48.06
137	MARKS.A	71	UNATTACHED	M40	48.08
138	MASON.P	92	UNATTACHED	M40	48.10
139	HOLT.M	111	RIPON RUNNERS	ML	48.12
140	MACRAE.J	368	NEWTON AYCLIFFE	F45	48.14
141	NORMINGTON.A	431	WETHERBY ROAD RUNNERS	F45	48.20
142	PRICE.H	359	HARROGATE HARRIERS	F35	48.23
143	MIDDLETON.J	88	KNAVESMIRE HARRIERS	M50	48.31
144	O'ROURKE.P	149	RIPON RUNNERS	M40	48.34
145	CUMMINS.M	167	RIPON RUNNERS	M55L	48.47
146	HEFFERNAN.N	339	UNATTACHED	F	48.53
147	JONES.K	342	RIPON RUNNERS	F40	48.56
148	COOPER.D	182	RIPON RUNNERS	M45	49.00
149	WALLACE.J	372	RIPON RUNNERS	F45L	49.03
150	ROSS.A	304	KNAVESMIRE HARRIERS	F	49.06
151	RICKARD.S	374	RIPON RUNNERS	F35L	49.14
152	WILBY.S	177	QUEENSBURY R.C.	M55	49.27
153	METCALFE.A	433	UNATTACHED	F	49.43
154	WEBSTER.F	8	ROAD RUNNERS CLUB	M55	49.47
155	HAMER.A	153	UNATTACHED	M65	49.55
156	HAY.J	449	BEDALE & AISKEW	F40	50.03
157	ASHWORTH.H	418	THIRSK & SOWERBY HARRIERS	F40L	50.04
158	SPENCE.N	447	SCARBOROUGH A.C.	FU25	50.08
159	MEDLAR.M	35	KNAVESMIRE HARRIERS	M50	50.10
160	HORNE.D	73	NORTH YORKSHIRE POLICE A.C.	M45L	50.12
161	MIDDLETON.S	85	BEDALE & AISKEW	M	50.26
162	ARCHER.R	186	AIREDALE PACERS	M65	50.36
163	FORSTER.C	161	NEWTON AYCLIFFE	M55	50.41
164	BYRNES.S	344	HARROGATE HARRIERS	F45	50.44
165	GAMBLES.J	307	IDLE A.C.	F50	50.46
166	VEHIGE.K	401	UNATTACHED	F40	50.55
167	CROSIER.J	325	UK-NET RUNNERS	FU25	50.58
168	PARKS.P	135	REDCAR RUNNING CLUB	M60	51.07
169	WALTERS.E	33	UNATTACHED	M55	51.16
170	KENNEDY.L	425	BEDALE & AISKEW	F	51.24
171	DUTKA.M	315	RIPON RUNNERS	F45	51.26
172	MEDLAR.M	324	KNAVESMIRE HARRIERS	F55	51.30
173	CLOUGH.J	410	UNATTACHED	F45	51.36
174	HEUM.M	390	WETHERBY ROAD RUNNERS	F40	51.49
175	LUPTON.J	138	UNATTACHED	M40	51.53
176	BAXTER.P	65	HARROGATE HARRIERS	M	52.05
177	I'ANSON.P	413	RIPON RUNNERS	F40	52.12
178	YOUNG.J	395	UNATTACHED	F35L	52.15
179	MOSS.G	59	KNAVESMIRE HARRIERS	M40	52.22
180	FUSCO.P	171	UNATTACHED	M60	52.32
181	GREENWOOD.J	313	NIDD VALLEY ROAD RUNNERS	F50	52.38
182	WHITMORE.D	143	SOUTH SHIELDS HARRIERS	M65	52.40
183	STAMP.E	444	UNATTACHED	F	52.43
184	LITTLE.S	34	IDLE.A.C.	M50	52.48
185	MORGAN.S	373	RIPON RUNNERS	FL	52.55
186	CHAMBERS.C	178	UNATTACHED	M50	53.05
187	BENNETT.E	419	HARROGATE HARRIERS	F	53.18
188	NEWBOULD.E	420	SKIPTON A.C.	F40	53.20
189	AVEYARD.M	105	UNATTACHED	M	53.22
190	CARLING.J	361	NIDD VALLEY ROAD RUNNERS	F50	53.30

191	SPENCE.S	193	SCARBOROUGH A.C.	M45	53.33
192	HOERNIG.S	377	UK ROAD RUNNING CLUB	F45	53.36
193	FORKIN.H	174	SCARBOROUGH A.C.	M60	53.39
194	WOOD.B	389	EASINGWOLD R.C.	F45	53.45
195	GILBANK.T	328	PICKERING R.C.	F40	53.49
196	AVEYARD.J	104	UNATTACHED	M	53.52
197	EASTAUGH.T	100	UNATTACHED	M40	53.55
198	IANSON.C	157	UNATTACHED	MU25	53.58
199	CLARK.R	82	UNATTACHED	ML	54.01
200	SUTTON-HAIGH.N	333	THIRSK & SOWERBY HARRIERS	F40	54.13
201	WOOLLEY.S	421	SWALEDALE R.R.	F40	54.31
202	GOODSON.J	101	UNATTACHED	M60	54.37
203	HARKER.T	348	BEDALE & AISKEW	F35	54.41
204	CODLING.I	38	THIRSK & SOWERBY HARRIERS	M65L	54.44
205	HOWELL.D	358	UNATTACHED	F40	54.46
206	RIDER.S	370	UNATTACHED	F45	54.47
207	HAMER.V	411	UNATTACHED	F55	54.48
208	MERRIN.J	437	UNATTACHED	F35L	54.49
209	FAMBELY.J	388	THIRSK & SOWERBY HARRIERS	F45	54.51
210	OLIVER.M	320	KNAVESMIRE HARRIERS	F50	55.02
211	APPLETON.C	78	UNATTACHED	M50L	55.12
212	HAW.K	412	UNATTACHED	F50	55.21
213	PICKEN.M	72	UNATTACHED	M	55.22
214	MORRICE.T	448	UNATTACHED	F35	55.24
215	PRINCE.G	62	DARLINGTON HARRIERS	M65	55.26
216	WILLOUGHBY.L	399	RIPON RUNNERS	F40L	55.36
217	HOWELL.E	406	THIRSK & SOWERBY HARRIERS	F50	55.42
218	SMITH.F	446	UNATTACHED	F35	55.44
219	KENNY.Y	392	UNATTACHED	F	55.48
220	GRAHAM.E	393	UNATTACHED	F	55.49
221	DARLEY.J	319	WETHERBY ROAD RUNNERS	F50	55.52
222	STOKER.S	381	RIPON RUNNERS	F35L	55.56
223	PRESTWICH.F	340	RIPON RUNNERS	F45	56.50
224	JONES.H	422	UNATTACHED	F	57.21
225	MOORES.C	394	UNATTACHED	F55	57.23
226	ALDERSON.J	192	UNATTACHED	M60	57.37
227	LUMB.C	409	THIRSK & SOWERBY HARRIERS	F50	57.40
228	BUTLER.M	442	UNATTACHED	F35	57.57
229	APPLETON.L	360	UNATTACHED	FL	58.03
230	SHARMAN.K	403	UNATTACHED	F	58.17
231	WHEATLEY.D	407	WETHERBY ROAD RUNNERS	F35	58.26
232	HUNTER.M	382	SWALEDALE R.R.	F50	58.30
233	HARTAS.J	311	KNAVESMIRE HARRIERS	F45	58.46
234	FERRIS.P	436	UNATTACHED	FL	58.49
235	CONLIN.H	332	RIPON RUNNERS	F40	58.51
236	DAWSON.P	405	HORSFORTH HARRIERS	F60	59.16
237	POOLEY.D	438	THIRSK & SOWERBY HARRIERS	F45	59.38
238	HUDSON.T	347	UNATTACHED	F40	59.40
239	ARCHER.C	445	UNATTACHED	FL	60.01
240	CLAYTON.V	302	RIPON RUNNERS	F35L	60.36
241	HARPER.E	384	SCARBOROUGH A.C.	FU25	60.52
242	DIXON.L	440	UNATTACHED	F40	61.11
243	PARSONS.S	354	UNATTACHED	FU25	61.22
244	ROBINS.B	364	UNATTACHED	F60	61.30
245	HOOK.M	77	UNATTACHED	MU25	61.34
246	HUNTER.A	89	UNATTACHED	M60L	61.49
247	DICKINSON.S	450	BEDALE & AISKEW	F35	62.10
248	BOASE.J	424	UNATTACHED	F40L	62.26
249	TOVEY.A	426	UNATTACHED	F35L	62.26
250	YOUNG.A	14	KNAVESMIRE HARRIERS	M55	63.08
251	BRODRICK.C	439	MARSH HOUSE HARRIERS	F50	63.23
252	RICHARDSON.J	417	SWALEDALE R.R.	F45	63.30
253	BRODIE.A	427	UNATTACHED	F40	63.32
254	SNOW.E	341	HARROGATE HARRIERS	F55	63.36
255	BLACKER.S	400	HARROGATE HARRIERS	F45	63.37

256	HARRISON.C	312	HARROGATE HARRIERS	F60	63.48
257	SCOTT.A	397	UNATTACHED	F35	64.13
258	REED.J	398	UNATTACHED	F35L	64.13
259	SNELLING.J	338	KNAVSMIRE HARRIERS	F60	64.41
260	WEATHERILL.C	6	ROAD RUNNERS CLUB	M50	64.48
261	COOPER.G	109	UNATTACHED	M	64.54
262	HUBERY.A	301	DARLINGTON HARRIERS	F60	65.01
263	YOUNG.M	308	KNAVSMIRE HARRIERS	F60	65.25
264	ROBSON.B	98	ROAD RUNNERS CLUB	M55	65.57
265	WELFORD.L	362	BEDALE & AISKEW	F35	66.01
266	SMITHSON.K	355	UNATTACHED	FU25	66.20
267	CODLING.M	327	THIRSK & SOWERBY HARRIERS	F60L	66.40
268	CARR.D	331	UNATTACHED	F60	66.50
269	YOUNG.S	371	POCKLINGTON RUNNERS	F45	67.06
270	BOND.J	416	UNATTACHED	F40	67.18
271	FLETCHER.S	49	POCKLINGTON RUNNERS	M55	68.08
272	MANN.R	357	UNATTACHED	FU25	68.30
273	APPLETON.S	76	UNATTACHED	MU25L	68.31
274	MIDDLETON.K	323	KNAVSMIRE HARRIERS	F45	71.14
275	CLAYTON.M	5	UNATTACHED	M	71.17
276	AVEYARD.J	106	UNATTACHED	M60	72.38
277	SORBY.L	434	RIPON RUNNERS	F35L	72.42
278	HARTAS.E	335	RIPON RUNNERS	FL	73.40
279	NUTTER.G	336	SWALEDALE R.R.	F60	74.27
280	DAWSON.G	140	HORSFORTH HARRIERS	M65	74.28
281	WORLEY.M	414	THIRSK & SOWERBY HARRIERS	F55	78.09
282	GARBUTT.T	346	RIPON RUNNERS	F50L	78.11
283	GARBUTT.J	69	UNATTACHED	M50L	78.13
284	LAVIN.A	428	MARSH HOUSE HARRIERS	F60	78.52
285	MUNSON.W	170	RIPON RUNNERS	M65	79.11
286	BENNETTE.A	396	RIPON RUNNERS	FL	79.14
287	HOLLIFIELD.L	429	UNATTACHED	F40	80.20